



# "The Highlander"

*HEATHER HILLS ELEMENTARY SCHOOL*

**"Climbing To New Heights"**



**The Future Begins Here**

**MSD WARREN TOWNSHIP**

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Phone: 532-3000 Fax: 532-3049  
Website: <http://heatherhills.warren.k12.in.us/home/>  
Ryan Russell: Acting Principal  
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March 12, 2010

Bulletin No. 29

## Will Power Wednesday

Will Power Wednesdays are back at Dairy Queen! The two eastside Dairy Queen stores are once again partnering with Will Power to raise additional funds. Visit the DQ at 10th and Post Road or DQ at German Church Road and Washington Street on Wednesday, March 17, to enjoy a Buy One Get One Parfait!



## Will Power Walk/Run

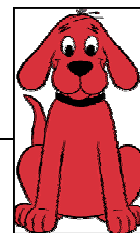
March 20th is the 10K, 5K, 1 Mile Family Run/Walk 2010 Will Power Race for Riley. If anyone, staff, student and/or family member are interested in participating, please contact the school office for a registration form. The registration fee is \$10.

## Upcoming Events

**March 15th-19th**-Book Fair  
**March 16th**-Family Learning Night with Free Spaghetti Dinner & Book Fair  
**March 18th**-Grandparents Day 1-3pm  
**March 29th-April 2nd**-Spring Break-School resumes April 5th

## FAMILY LEARNING NIGHT

Mark your calendars now, for another fun-filled evening at Heather Hills. On Tuesday, March 16th, from 6-8 pm, Heather Hills will be hosting Family Learning Night and Family Night at the Book Fair! Come and meet Clifford the Big Red Dog, enjoy a free spaghetti dinner and participate in math and science activities with the whole family. We look forward to seeing you there!



## Reminders

- 1) Car riders are to be dropped off and picked up **BEHIND** the school. It's a safety issue.
- 2) We have a new dismissal procedure, we do not dismiss from the office after 3:00pm. If you need to pick up your child at 3:00 or after, you will need a car rider pass in order to pick your child/ren from the car rider line.
- 3) Please keep us informed of any phone number or address changes.
- 4) Please remember to call your child in by 10:00 am **EVERY-DAY** they are absent. Office phone number 532-3000.
- 5) Keep in mind that if your child wears winter boots to school, they must bring a pair of tennis shoes to change into.
- 6) When your child is tardy, an adult must sign them in the front office.

## MSD Warren Township Kindergarten Registration

Parents who are interested in enrolling their child in kindergarten for the 2010-11 school year should plan to attend the Kindergarten Round-Ups that are being held in all Warren Township Elementary buildings and the Warren Early Childhood Center on Thursday, May 6, at 7:00p.m.

Items required to register your child in school include birth certificate, two proofs of residency (copy of lease or mortgage & gas or electric bill), proof of immunizations, parent/guardian photo ID, and proof of custody (if necessary).

The Whistle Stop Café presents the menu for the week of March 15th thru 19th:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Select 1) A. Turkey Hot Dog on bun B. Turkey & Cheese on whole wheat C. Cold cut sandwich D. Cheese sandwich	(Select 1) A. Beef Lasagna B. Grilled Cheese on whole wheat C. Cold cut sandwich D. Cheese sandwich	(Select 1) A. Turkey Pot Pie B. Macaroni & Cheese C. Cold cut sandwich D. Cheese sandwich	(Select 1) A. Spaghetti & Meatsauce w/ whole wheat bread B. Chicken Caesar Salad C. Cold cut sandwich D. Cheese sandwich	(Select 1) A. Chartwells Homemade Chicken pizza "No B" C. Cold cut sandwich D. Cheese sandwich
Potato Wedges Mixed Fruit Milk	Broccoli Chilled Fruit Milk	Hashbrown Patty Apple Slices Milk	Green Beans Mixed Fruit Milk	Sweet Peas Peaches Milk

# Save the Animals Day

Heather Hills annual Save the Animals Day is Friday, March 26th. Save the Animals Day is a carnival held to help endangered animals. This year the proceeds raised will go to help Indiana's wildlife. All games will cost 10 cents. There will be face painting, popcorn and drinks for 30 cents each. Help Heather Hills help others. It will be a wild day!!!

## Warren Wrestling Academy

Freestyle Wrestling Season for grades K-12. No experienced required! Open club registration is Monday, March 15th and Wednesday March 17th from 6:00-7:30 pm. Registration site is Warren Central High School wrestling room, enter through the field house door #14. The fee is \$80 and includes ISWA card and t-shirt. For more information contact Jay Wise @ jwise@cpcsc.k12.in.us.



## "Nurse's Corner"

### Your Child's Teeth: 6 Things You Should Know

- Teeth need fluoride to stay strong and fight decay. You get fluoride in two important ways:
  - From the outside-like fluoride toothpaste
  - From the inside-like fluoridated water
- Most bottled water does not contain fluoride.
  - If your child drinks bottled water, tell your dentist! He/she may prescribe fluoride supplements.
- Baby teeth affect permanent teeth.
  - They "save space" for adult teeth to grow in straight.
  - Losing them early due to decay can cause pain and crooked teeth.
- You should help your child floss every day.
  - Flossing removes plaque brushing teeth may miss.
  - Your child should be ready to floss alone when he/she reaches age 8.
- A "Plaque Attack" happens every time your child eats or drinks.
  - Each attack lasts 20 minutes, and can cause tooth decay.
  - The only beverage that doesn't cause a plaque reaction is water!
- Dental sealants can help prevent cavities.
  - Your dentist can apply this painless plastic film to the grooves in your child's permanent molars.

## Free Colts Shirt

### Heather Hills Blood Drive

Our school received a special invitation to be part of the Help a Hoosier campaign by hosting a 2010 Indiana Blood Center/Indianapolis Colts Help a Hoosier Blood Drive.

### Donate Blood as a Random Act of Kindness

Where: Heather Hills Elementary School

When: Tuesday, March 16

Time: 4:00pm to 8:00pm

Each student who invites an adult who participates in the blood drive will be recognized with a special certificate. Any student that is responsible for two or more adults who participate will also receive a special gift from the Colts. Each person who participates in the blood drive at the blood mobile will receive a commemorative T-shirt. For more specific information, please call our nurse, Mrs. Clark at 532-3006.

### Warren Township Takes Wellness to the Next Level

Mark your calendars for the 5th annual Wellness Extravaganza. Warren Township is proud to partner with Community Health Network to bring you this exciting event scheduled for April 19,

6-8pm at the Warren Central Field House. During our two-hour event, families will be exposed to many different physical activities, sample healthy snacks, receive information about summer sports camps, and much more. Plan to join us as we move those bodies and dance, dance, dance!

